



# Director's Health Initiatives Integration

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**Behavioral Health Initiative**

**Chronic Care Initiative**

**Health Promotion/Disease Prevention Initiative**



# Behavioral Health Initiative

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- Promote clinical & community programs to improve the mental health of AI/AN
- Facilitate a community driven and community owned strategic plan
- Division of Behavioral Health providing national resources, networks, advocacy, and technical assistance



# Behavioral Health Initiative

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## Major Focus

- Methamphetamine Reduction
- Suicide Prevention
- Child Protection
- BH-MIS Development



# Chronic Care Initiative

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Create a system of care that will effectively address chronic disease in order to raise the physical, mental, social, and spiritual health of American Indians and Alaska Natives to the highest possible level.

- Adapt and implement the Chronic Care Model across the Indian health system.
- Develop an infrastructure that will provide local sites with the knowledge and support to pursue a campaign for ongoing health care system improvement.



# Chronic Care Initiative

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## Focus

- Define barriers to primary care providers assessing and treating the mental illness contributions to chronic diseases
- Continue to seek other partners who can assist with our efforts.



# Chronic Care Model



**Community**

**Resources and  
Policies**

**Health System**

**Health Care Organization**

**Self-  
Management  
Support**

**Delivery  
System  
Design**

**Decision  
Support**

**Clinical  
Information  
Systems**

**Informed,  
Activated  
Patient**

**Productive  
Interactions**

**Prepared,  
Proactive  
Practice Team**

**Improved Outcomes**



# Health Promotion/ Disease Prevention (HP/DP)

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- Working together for wellness with American Indian and Alaska Native communities.
- Reduce health disparities among Indian people through a coordinated and systematic approach to enhance preventive health approaches.
- Create healthier AI/AN communities by developing, coordinating, implementing, and disseminating effective health promotion and chronic disease prevention programs.



# HP/DP Initiative

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## Focus Areas

- Healthy Natives Community Fellowship
- Community Wellness Champion Forums
- Just Move It
- Support community-based wellness efforts
- Continue to seek partnerships



# CAIHS Integration Update

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## Focus

- Increase capacity at Area and local level
- Collaborations among BH, CMO, ADC & IP
- Obtain input from CATAC, T/U Programs and community members
- Continue work with T/U Programs on partnerships



# Integration Update

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## FY2007 Activities

- Best Practices/GPRA conference
  - education & networking for providers/healthcare staff
- *Just Move It – California Challenge*
  - supported local physical activity programs
- *Taking Care of Your Diabetes (TCOYD)*
  - education & motivation community seminar



# Integration Update, cont.

## FY2007 Activities

- Community Wellness Forum
  - community focused education & training
- Partnership planning grant - childhood obesity & environmental/social factors
- Continued telemedicine psychiatric
- Development of CAIHS Dir's 3 Plan



# Integration Update

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## FY2008 Planned Activities

- Best Practices/GPRA conference (Nov. 07)
- *Just Move It – California Challenge* (March-Oct)
- *Taking Care of Your Diabetes* (April 08)
- Footsteps to Health - Youth Diabetes Prevention & Treatment Conference (April 08)



# Integration Update, cont.

## FY2008 Planned Activities

- Community Wellness Forum (June 08)
- Protecting You/Protecting Me (June 08)
- Expand partnership with communities addressing environmental/social factors impacting childhood obesity (Fall 08)
- Cont. telemedicine psychiatric (ongoing)
- CAIHS Dir's 3 Plan (update fall 2008)

# JUST MOVE IT!

## East Central Region (1559 miles)

Benton Palute Reservation  
Berry Creek Rancheria  
Big Pine Reservation  
Big Sandy Rancheria  
Bishop Reservation  
Bridgeport Indian Colony  
Buena Vista Rancheria  
California Valley Miwok Tribe  
Chicken Ranch Rancheria  
Chico Rancheria  
Cold Springs Rancheria  
Enterprise Rancheria  
Fort Independence Reservation  
Ione Band of Miwok Indians  
Jackson Rancheria  
Lone Pine Reservation  
Mooretown Rancheria  
North Fork Rancheria  
Picayune Rancheria  
Shingle Springs Rancheria  
Table Mountain Rancheria  
Timbisha Shoshone Tribe  
Tule River Reservation  
Tulolumne Rancheria  
United Auburn Indian Community

## Southern Region (1114 miles)

Agua Caliente Band of Cahuilla Indians  
Augustine Band of Mission Indians  
Barona Band of Mission Indians  
Cabazon Band of Mission Indians  
Cahuilla Band of Mission Indians  
Campo Band of Mission Indians  
Cuyamapelle Band of Mission Indians  
Inaja-Cosmit Reservation  
Jemul Indian Village  
La Jolla Band of Luiseno Indians  
La Posta Band of Mission Indians  
Los Coyotes Reservation  
Manzanita Band of Mission Indians  
Mesa Grande Band of Mission Indians  
Morongo Band of Mission Indians  
Pala Band of Mission Indians  
Yuma/Yulma Band of Mission Indians  
Pebanga Band of Mission Indians  
Ramona Band of Mission Indians  
Rinconland of Mission Indians  
San Manuel Band of Mission Indians  
San Pasqual Band of Mission Indians  
Santa Rosa Band of Mission Indians  
Santa Ynez Band of Mission Indians  
Santa Ysabel Band of Mission Indians  
Soboba Band of Mission Indians  
Sycuan Band of Mission Indians  
Torres-Martinez Desert Cahuilla Indians  
Twenty-Nine Palms Band of Mission Indians  
Viejas Band of Mission Indians

## West Central Region (557 miles)

Big Valley Rancheria  
Cloverdale Rancheria  
Colusa Rancheria  
Cortina Rancheria  
Coyote Valley Reservation  
Dry Creek Rancheria  
Elem Indian Colony  
Graton Rancheria  
Grindstone Rancheria  
Guidville Rancheria  
Hopland Reservation  
Laytonville Rancheria  
Lower Lake Rancheria  
Lytton Rancheria  
Manchester-Pt. Arena Rancheria  
Middletown Rancheria  
Paskenta Rancheria  
Robinson Rancheria  
Round Valley Reservation  
Redwood Valley Reservation  
Rumsey Rancheria  
Pinoleville Reservation  
Potter Valley Tribe  
Santa Rosa Rancheria  
Scotts Valley Rancheria  
Sherwood Valley Rancheria  
Stewarts Point Rancheria  
Upper Lake Rancheria

## Northern Region (1351 miles)

Alturas Rancheria  
Bear River Band of Rohnerville Rancheria  
Big Lagoon Rancheria  
Blue Lake Rancheria  
Cedarville Rancheria  
Elk Valley Rancheria  
Fort Bidwell Reservation  
Greenville Rancheria  
Hoopa Valley Tribe  
Karuk Tribe of California  
Pit River Tribe  
Quartz Valley Reservation  
Redding Rancheria  
Shasta Rancheria  
Shasta River Rancheria  
Shasta-Trinity Indian Community  
Tule River Indian Community  
Yurok Tribe

*Just Move It*  
— California 2006 Challenge —  
4581 Mile Virtual Walk Around  
Tribal/Urban Healthcare  
Programs



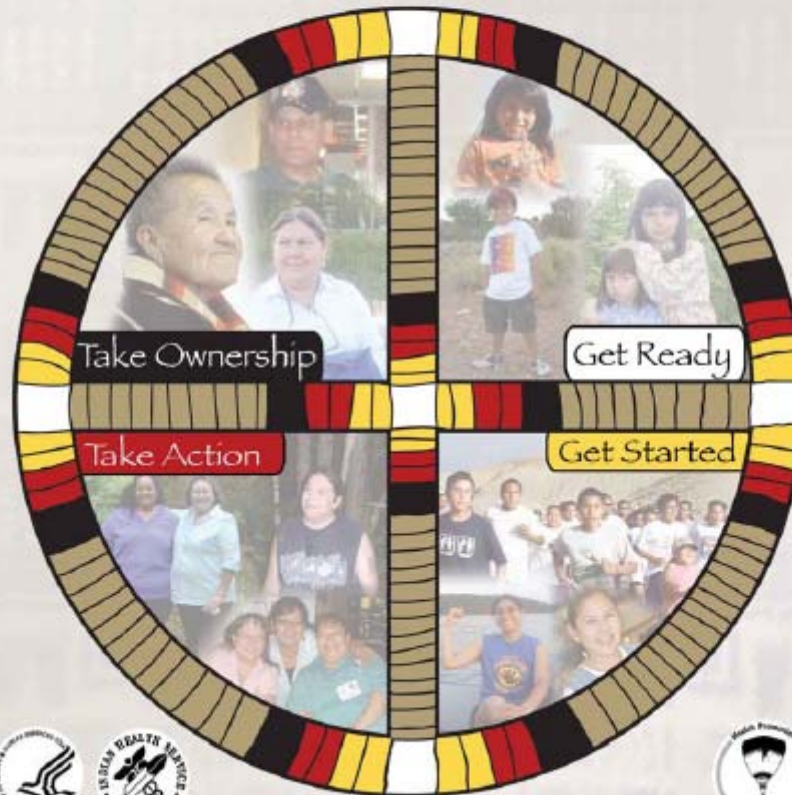
# Let's Get 1 million Native people moving!



# Restoring Balance

Community Owned Wellness

Before You Start





# Discussion Questions

- How can we work together using the initiatives to promote wellness and healthy environments as related to preventing disease and improving the health of CA AI/AN peoples?
- How can we better work together to bring Tribal Leaders, Tribal organizations, federal agencies, academic institutions, private foundations and businesses to have an impact on health disparities?
- How can we work to increase the implementation of Chronic Disease Management (“Chronic Care Model”) into clinical services with community based prevention efforts?
- How can we work together to foster and bridge community based efforts with Tribal/Urban healthcare program prevention efforts?